“The Indego Motion+ and Therapy+ suites enable me to efficiently treat any person with gait-impaired across their entire recovery. It’s a true example of technology enhancing what I can accomplish with my patients during our sessions.”

— Casey Kandilakis, PT, DPT, NCS; Shepherd Center, Atlanta, USA

Indego: Powering People Forward

The Indego® Therapy kit enables individualized gait therapy for patients with lower extremity weakness. Indego's innovative software design is based on motor learning principles allowing clinicians to offer task-specific and intensive gait therapy to patients across the entire continuum of care – from inpatient facilities to in-home sessions and everything in between.

**Compact and lightweight**
No backpack and with only 26 pounds (12 kg) the most lightweight exoskeleton

**Device feedback**
LED indicators provide device status, vibratory and auditory feedback inform patient about balance and gait quality

**Modularity**
Five component design allows for quick connect and disconnect of the device

**Ease of use**
One-handed adjustable strap attachment and tensioning allows for easy self donning and doffing
Pre-gait Training
Selecting pre-gait allows clinicians to work with patients during a variety of therapeutic activities. Core strengthening, stepping forward/backward and balance work can be offered while the patient is safely supported by the Indego.

Full and Variable Assist
In Full Assist mode, 100 percent support is provided to the right and left hip and knee joints, enabling users (up to 250lbs/113kg) without lower extremity motor or sensory function to stand and walk. Posture-based controls provide an intuitive “lean forward, walk forward” experience. In Variable Assist mode, clinicians can select the amount of support independently at each hip or knee, allowing them to tailor the therapy session based on their goals for the patient.

Vibratory Feedback
Vibration provided at the hip delivers customizable tactile feedback throughout all phases of standing and walking. This feature, lets the patient and clinicians know what Indego is about to do and prompts their response ensuring safe and effective gait training.

Advanced Gait
Advanced Gait is specifically designed to provide faster weight shifting and step transitions for patients who are ready to achieve a higher gait speed. This mode enables a more fluid and continuous gait.

Gravity Reduction
Using the Gravity Reduction mode clinicians can reduce the weight of a patient’s leg, allowing him or her to move their limb more easily and effectively throughout the gait cycle.

Active Swing
Active Swing mode allows patients to practice and learn a more physiological gait pattern. Clinicians are empowered to constantly apply the principles of motor learning by providing individualized assistance to a patient at their hip and knee during the swing phase of their gait.

Stance Support
Adjustable stance support settings allow clinicians to influence a patient’s stance phase during walking. Whether the patient tends to buckle or hyperextend their knee, the Indego stance support settings can be adjusted to meet each person’s unique stance goals.

Auditory Feedback
Clinicians can set goals for step length in order to encourage a more symmetric gait pattern. Once the goals have been established, patients receive real-time, auditory feedback on their performance, empowering them to recognize incorrect gait patterns and correct and improve their performance.
Treatment Across Continuum of Care

Gait Improvement with Therapy+

Stride Symmetry - Test - Indoor

10 Meter Walk Test - Indoor

Indego Dashboard:
Performance Data at Your Fingertips

The software features an intuitive dashboard that provides real-time feedback during a therapy session on parameters such as gait quality, level of support and number of steps, and allows therapists to alter modes and settings with the swipe of a finger.

"Indego has been really amazing. I never thought I would be able to walk again with such little effort. It’s changed my life in so many ways."

— Patty Wise, Stroke Survivor

Data from Indego CVA multi-center clinical study. Figures show average results of 15 stroke patients.
Smart Software Enables Therapy Across Continuum of Care

Indego’s Motion+ and Therapy+ software suites transform every rehabilitation session into a powerful and personalized experience.

**Motion+**
*Lean Forward, Walk Forward*

Motion+ allows clinicians to practice task-specific gait therapy with patients through a predictable, guided gait pattern. Powerful motors in the hip and knee — customizable within the Indego app — enable patients with little to no gait function to stand and walk with postural controls. The patient leans forward to initiate movement, and Indego responds accordingly.

**Therapy+**
*The Next Level of Personalized Care*

Therapy+ is designed to provide effective gait therapy for patients with lower extremity weakness. Patients are required to initiate leg movement and Indego supports when necessary and provides auditory, real-time feedback. Therapy+ empowers clinicians with options to enhance their patients unique gait training needs.

LEARN MORE AT INDEGO.COM